ZOOM 100M 100K 50K 25K

Join us for a great day of running on the beautiful Croom trails

Races: ***Croom Zoom 100M * 100K * 50K * 25K Trail Runs***

Where: Withlacoochee State Forest, NE of Brooksville FL (60 min drive N of Tampa, 80 min from Orlando)
When: **Saturday, Jan 7, 2017**, **100M, 100K & 50K starts at 6:00 am 25K starts at 7:00 am**
Course: The challenging 10 Mile loops on the Croom Hiking Trail through central Florida's long leaf pines and scrub oak covered hills, past creek bottoms and cypress ponds. **There will be a 30 hour cut off time for the 100M**. All runners have a small starter loop.

Amenities: Custom T-Shirts, aid/water stations, post race party, shower**...**
Awards: Finisher Awards will be given to all 100M, 100K & 50K finishers and top finisher awards for the 25K
Overall Male/Female/Master Male/Master Female will receive a special award
Host Hotel: Microtel Hotel 6298 Nature Coast Blvd. Brooksville, (352)-796-9025. I-75/S.R. 50 intersection
Ask for "Croom Zoom Trail Run" rate if you make reservation at least 2 weeks prior.
Packet Pickup: Friday **January 6** from 4:30pm to 7pm at the race start area and also Saturday **January72**
Charity: Friends of The Withlacoochee State Forest
Parking: Please try to carpool to the event if possible
Contact: Call (813) 232-5200, email at fools@tamparaces.com, or go to wwwTampaRaces.com

Croom Zoom Entry Fees:	**Early Entry (until 1/5/17)**	**Race Day Entry (1/7/17)**
100M	**$140**	**$150**
100K	**$85**	**$95**
50K	**$65**	**$75**
25K	**$45**	**$55**

NO REFUNDS or TRANSFERS. **Event is limited to 250 entrants.** **Croom Zoom** **RAIN OR SHINE**

Checks Payable To: **Event Operation, Inc. 2302 N. Central Ave. Tampa, FL 33602** **Online Application**: EventBrite.com

Name _____ Sex _____ Age _____ Birthdate_____

Address _____ Phone:_____

City_____State_____ Zip_____

Email:_____ 25K _____ 50K_____ 100K _____100M_____

T-Shirt Size: S _____ M_____ L _____ XL _____ XXL _____

For and in consideration of Event Operations Inc. , and USA Track & Field, Inc. allowing me, the undersigned, to participate in The Croom Zoom Trail Runs; I, for myself, and on behalf of my spouse, children, guardians, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the "Agreement");

1. I hereby represent that (i) I am at least eighteen (18) years of age or older; (ii) I am in good health and in proper physical condition to participate in the Event; and (iii) I am not under the influence of alcohol or any illicit or prescription drugs which would in any way impair my ability to safely participate in the Event. I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Event, that I am responsible for my own safety and well being at all times and under all circumstances while at the Event site.
2. I understand and acknowledge that participation in track & field, road running, race walking, cross country, mountain, ultra, and trail running Events is inherently dangerous and represents an extreme test of a person's physical and mental limits. I understand that participation involves risks and dangers which include, without limitation, the potential for serious bodily injury, permanent disability, paralysis and loss of life; loss of or damage to equipment/property; exposure to extreme conditions and circumstances; contact with other participants, spectators, animals or other natural or manmade objects; dangers arising from adverse weather conditions; imperfect course or track conditions; land, water and surface hazards; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event Organizers; and other undefined, not readily foreseeable and presently unknown risks and dangers ("Risks"). I understand that these Risks may be caused in whole or in part by my own actions or inactions, the actions or inactions of others participating in the Event, or the negligent acts or omissions of the Released Parties defined below, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses which I incur as a result of my participation in any Event.
3. I agree to be familiar with and to abide by the USATF Bylaws, Operating Regulations, and Competition Rules established for the Event, including any safety regulations established for the benefit of all participants. I accept sole responsibility for my own conduct and actions while participating in the Event, and the condition and adequacy of my equipment.
4. I hereby Release, Waive and Covenant Not to Sue, and further agree to Indemnify, Defend and Hold Harmless the following parties: the USOC, USA Track & Field, Inc., its Associations and Sport Disciplines, Event Organizers, Event Directors and Promoters, Sponsors, Advertisers, Coaches and Officials; Venue and Property Owners upon which the Event takes place; Law Enforcement Agencies and other Public Entities providing support for the Event; and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees and volunteers (Individually and Collectively, the "Released Parties" or "Event Organizers"), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and reasonable attorneys fees) of any kind or nature ("Liability") which may arise out of, result from, or relate in any way to my participation in the Event, including claims for Liability caused in whole or in part by the negligent acts or omissions of the Released Parties. I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which any may be incurred as the result of such claim.

I hereby warrant that I am of legal age and competent to enter into this Agreement, that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by signing it (including the rights of my spouse, children, guardians, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors and assigns), acknowledge that I have signed this Agreement without any inducement, assurance or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

Signature (Parent or guardian signature is mandatory if participant is under 18) Date